



JONAH

Battle of the Mind



JONAH

Who was Jonah?

A Prophet in the Northern Kingdom, from Gath Hepher, near Nazareth, 2 Kings 14:25.

Lived around 8th Century BC, an older contemporary with Amos and Hosea.

Recorded in Jewish, Moslem and Christian tradition.

Reported grave in Mosul was destroyed by ISIS in 2014.

Why is Jonah important?

Jesus mentions Jonah twice in Matthew 12:38-39 and Matthew 16: 4. Also recorded in Luke 11:29-32

A sign to the world – a picture of Jesus burial and resurrection.

A call to repent and to understand God's character of grace.

A reminder of our identity and purpose; Gen 1:28, Eph 1:12, 2:10

Written and Prepared by
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Teaching videos to accompany this lesson are
available on YouTube - Love UnVeiled Channel.

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- ✦ *Provide a **MEAL** for a workshop group:
Monthly, every 6 months or once a year*
- ✦ *Equip women overseas with a financial gift towards **multi-language TRANSLATIONS** and **PRINTING** costs*
- ✦ *Empower and support women by helping sponsor their **TRAINING** and **TRAVEL** costs:*
- ✦ *Give a gift to help equip and empower women where there is the "**GREATEST NEED**"*

GO

- ✦ *Be equipped and empowered to evangelize and disciple women*
- ✦ *Go on a local or international **mission trip** to bring Jesus to other women and children.*

Jonah Chapter 2 - God Prepared A Fish

*You, who have shown me great and severe troubles,
Shall revive me again, And bring me up again from the depths of
the earth. You shall increase my greatness, And comfort me on
every side. Psalm 71:20-21*

Reflection:

The Board Room movie presents a picture of how our heart, mind, conscience, memory, emotions and will all interact to influence our beliefs, our actions, our choices and behavior;

How do you think these parts influenced Jonah's decisions?

How do these parts influence your decisions?

Which parts create your greatest struggles, and influence what you believe and the choices you make?

According to The Board, which part of the man influenced his most important decision?

**OPPORTUNITIES TO EQUIP &
EMPOWER WOMEN
TO REACH OUR GENERATION**

PRAY

✦ **Partner with Love UnVeiled & Avalon
Church to PRAY**

- *Weekly Prayer Group for women starting
Tuesday April 24, 10 - 11am,
LoveUnVeiled, 3925 Peppervine Blvd,
32828*
- *Monthly Prayer Group Avalon Church,
April 16, 7pm*
- *Bookmark to pray specifically for another
area/country*
- *Receive email prayer updates.*

GIVE

✦ **Provide a *HOST HOME* for women
attending 4 day workshops:**

Monthly, every 6 months or once a year

Johan Chapter 4 – Jonah’s Mind v God’s Mind

“So are My ways higher than your ways, and My thoughts
than your thoughts” Isaiah 55:9

Let this mind be in you which was also in Christ Jesus

Philippians 2:5

Horizontal lines for writing notes on page 8.

Reflection

“You have heard that it was said, ‘You shall love your neighbor
and hate your enemy.’ But I say to you, love your enemies, bless
those who curse you, do good to those who hate you, and pray for
those who spitefully use you and persecute you,⁴⁵ that you may be
sons of your Father in heaven; for He makes His sun rise on the
evil and on the good, and sends rain on the just and on the unjust.

⁴⁶ For if you love those who love you, what reward have you? Do
not even the tax collectors do the same? ⁴⁷ And if you greet your
brethren only, what do you do more than others? Do not even the
tax collectors do so? ⁴⁸ Therefore you shall be perfect, just as your
Father in heaven is perfect.” Matthew 5:43-48

- Which part of Jonah’s story do you most identify with?
- Do you have Jonah or God’s mind/heart for the world?
- What person or group of people have you thought does not deserve mercy?
- Are you prejudiced by Color? Race? Economic status? Church denomination? Personal Experience? Other?
- Which person or group of people does God want you to love, and show His mercy and grace to?

What is in your heart or mind that prevents you wanting to bless others? Fear? Resentment, Anger, Un-forgiveness, Disappointment? Unbelief? Unconcern?

Horizontal lines for writing reflections on page 9.