



UNSHAKABLE

For more information about LUV groups and other LUV
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*Teaching videos to accompany this lesson are
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Love UnVeiled
Transforming Women into God's Image of Beauty

“From North Korea to hurricanes, we live with a greater degree of uncertainty. What it boils down to is: How much can people tolerate it when they don’t know what’s going to happen next?” (David Rosmarin, Founder Center for Anxiety)

WHAT SHAKES YOU?

Big things? Little things? Heart things? Health things?
 Finance things? Technology things? Relationship things?
 Work things? Children things? Elderly parent things? School things?
 Self-Image things? Injustice things? Lonely things?
 Fear of the Future things? Age things? Overwhelmed
 Schedule things? Rejection things? Fear things? Shame things?
 Uncertainty things? Anxiety things?

People shaken in the bible:

Job 16:12 *“I was [living] at ease, but He crushed me and broke me apart, and He has seized me by the neck and has **shaken me** to pieces; He has also set me up as His target.” (AMP)*

Psalm 13:4 *“And my enemy will say, “I have overcome him,” And my adversaries will rejoice when I am **shaken.**” (AMP).*

Love UnVeiled (LUV) Weekly Discipleship Groups						
Start date	Day	Time	Frequency	Location	Level	Facilitator
2/5/2018	Monday	6:30pm	Bi-Weekly	LUV Center	WB 1	Karen M.
1/31/2018	Wednesday	10:00am	Weekly	LUV Center	A Taste of LUV	Kris G.
1/24/2018	Wednesday	9:30am	Bi-Weekly	Avalon Lakes	WB 1	Helen W.
1/31/2018	Wednesday	6:30pm	Weekly	LUV Center	WB 1	Shelly B. & Lisa F.
2/1/2018	Thursday	10:00am	Weekly	Avalon Church	WB 1	Gloria D.
2/1/2018	Thursday	7:00pm	Weekly	LUV Center	WB 1	Rhonda B. & Sherry B.

WB 1 ~ Workbook Level 1 Transform & Multiply

Psalm 82:5 *the rulers do not know nor do they understand; they walk on in the darkness [of complacent satisfaction]; all the foundations of the earth [the fundamental principles of the administration of justice] are **shaken**.* (AMP)

What is the root of the things that shake you?

Can I be Unshakable in a Shaking world?

We are in a battle with the world the flesh and the devil. Jesus told us "*In this world you will have trouble (tribulation)*" John 16:33. How do we experience peace of mind, soul and body, and live in freedom from fear, terror, dread, anger, shame?

Hebrews 12:26-29 Then God spoke from Mount Sinai his voice shook the earth, but now he makes another promise: "*Once again I will shake not only the earth but the heavens also.*"²⁷ this means that all of creation will be shaken and removed, **so that only unshakable things will remain.**²⁸ Since we are receiving **a Kingdom that is unshakable**, let us be thankful and please God by worshiping him with holy fear and awe. ²⁹ For our God is a devouring fire. Hebrews 12:26-29 (NLT)

As we submit to Him, yield to Him, rest in Him and follow His gentle whispers He will give us the ability to bear the fruit of righteousness and peace, the fruit of love, joy, patience, goodness, faithfulness, gentleness, kindness and self-control. He will give us His strength, boldness and courage to do great and mighty acts for Him according to His power in us and flowing through us. He will give us His heart, His compassion, His word and His Spirit to bring healing, hope and freedom to others who are shaking in a shaken world.

He will multiply His fruit in us as we abide in His love by faith, enduring the trials wholly committed to Him, allowing Him to live His life through us.

Liz Dickson, Love UnVeiled

To **KNOW** God is to love God,

To **LOVE** God and **know I AM LOVED** is to trust God,

To **TRUST** God is to live in **FREEDOM**

FREEDOM empowers me to abide in His love, and bear His fruit.

We lose our freedom to “Abide” whenever anything blocks the free flowing of the Holy Spirit in our lives.

Know Whose Voice You Are Listening To:

God’s Voice	Satan’s Voice
<input type="radio"/> Stills you	Rushes you
<input type="radio"/> Leads you	Pushes you
<input type="radio"/> Reassures you	Frightens you
<input type="radio"/> Enlightens you	Confuses you
<input type="radio"/> Encourages you	Discourages you
<input type="radio"/> Comforts you	Worries you
<input type="radio"/> Calms you	Obsesses you
<input type="radio"/> Convicts you	Condemns you

(Excerpted from Choosing God’s Best, copyright 1998 by Dr. Don Raunika)

3. Know You have a Helper:

1 Samuel 7:12 Then Samuel took a stone and set it up between Mizpah and Shen. He named it Ebenezer, saying, "Thus far the LORD has **helped** us." 1 Samuel 7:12

Psalms 46:1 God is our refuge and our strength, a very present **help** in trouble.

John 14:15-17 if you [really] love Me, you will keep *and* obey My commandments. And I will ask the Father, and He will give you another **Helper** (Comforter, Advocate, Intercessor—Counselor, Strengthener, Standby), to be with you forever—the Spirit of Truth, whom the world cannot receive [and take to its heart] because it does not see Him or know Him, *but* you know Him because He (the Holy Spirit) remains with you *continually* and will be **in you**.

John 14:25-26 I have told you these things while I am still with you. ²⁶ But the **Helper** (Comforter, Advocate, Intercessor—Counselor, Strengthener, Standby), the Holy Spirit, whom the Father will send in My name [in My place, to represent Me and act on My behalf], He will teach you all things. And He will help you remember everything that I have told you.

John 15:26 But when the **Helper** (Comforter, Advocate, Intercessor—Counselor, Strengthener, Standby) comes, whom I will send to you from the Father, *that is* the Spirit of Truth who comes from the Father, He will testify *and* bear witness about Me.

Further reading: John 16:5-15

- Growing and Abiding Daily:

We learn to abide when we start every morning by faith, speaking to our Helper and friend, yielding to His strength and His peace, His wisdom and His will believing He is in me and I am in Him.

- Meditate, contemplate, embrace and live in unity with Him
- Communicate with Him moment by moment by faith.
- Learn to know His voice – listen to His leading and nudges.
- We need never be afraid, for He is with us and will never leave us or forsake us - we are ONE with Him!

“A soul filled with large thoughts of the Vine will be a strong branch and abide confidently in Him. Be much occupied with Jesus and believe much in Him as the True Vine... It is the faith that continually closes its eye to the weakness of the creature and finds its joy in the sufficiency of the Almighty Savior that makes the soul strong and glad. It gives itself up to be led by the Holy Spirit into ever deeper appreciation of that wonderful Savior who God has given us...all things are possible to him who believes.” Andrew Murray

The Journey to bearing much fruit:

No Fruit to Fruit – Discipline
 Fruit to More Fruit – Pruning
 More Fruit to Much Fruit – Abiding

down his own life for his friends. ¹⁴You are my friends if you keep on doing what I command you. ¹⁵I do not call you servants any longer, for the servant does not know what his master is doing; but I have called you [My] friends, because I have revealed to you everything that I have heard from My Father. ¹⁶You have not chosen Me, but I have chosen you and I have appointed and placed and purposefully planted you, so that you would go and bear fruit and keep on bearing, and that your fruit will remain and be lasting, so that whatever you ask of the Father in My name [as My representative] He may give to you. ¹⁷This [is what] I command you: that you love and unselfishly seek the best for one another.

Our Identity, Position and Purpose is unshakable if we are IN HIM, the True Vine.

- Life and fruitfulness begin in the **True Vine**, Jesus.

Jeremiah 2:21 yet I had planted you [O house of Israel as] a choice vine, A completely faithful seed. How then have you turned against Me into degenerate shoots of a foreign and wild vine [alien to Me]?

- Which vine are you connected to?
 - What is the state of your vineyard?
 - What fruit are you bearing? Isaiah 5:1-7
 - Fruit from the True Vine; Galatians 5:22-25
- Without the Vine the branch can't bear fruit, and without the branch the Vine can't bear fruit;
 - We can only bear fruit when we abide in Jesus the Vine.
 - Without branches, the Vine has no fruit!

- God has chosen to create an interdependent relationship between Himself and us, based on an intimate connection!
- The branch has a purpose, to bear fruit – but we need to be connected to Him to bear fruit, and He needs our branches to bear fruit for His glory.

- Abide and multiply;
 - We will only multiply and bear fruit as long as we remain/abide **IN Him**;
 - Our fruitfulness comes as we are transformed by His life flowing through us.
 - We will bear the fruit of freedom and peace as we rest in Him and let Him grow His fruit through us.
- Abide by yielding to the Holy Spirit;
 - Surrendering to the death of our flesh, allowing Him to live and flow through us.
 - His Spirit will flow through a free, unhindered channel, to bear much fruit.
 - We need to keep short accounts with the Holy Spirit - confessing anything that blocks, hinders, grieves or quenches intimacy and His presence flowing in our life.
- Abide by taking our eyes off ourselves;
 - We are a new creation 2 Corinthians 5:17
 - The key to abiding in peace and fruitfulness is taking **our eyes off ourselves**; our inadequacies, failures, fears and weaknesses
 - **Keep our eyes by faith, on Jesus** the one who lives IN us and is transforming us into His image.
 - Look to and lean on who He is, His strength, peace, power, beauty and gentleness in us.