



## UNSHAKABLE

For more information about LUV groups and other LUV  
teaching contact [info@loveunveiled.org](mailto:info@loveunveiled.org)

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*Teaching videos to accompany this lesson are  
available on YouTube Love UnVeiled Channel.*

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**Love UnVeiled**  
Transforming Women into God's Image of Beauty

*“From North Korea to hurricanes, we live with a greater degree of uncertainty. What it boils down to is: How much can people tolerate it when they don’t know what’s going to happen next?” (David Rosmarin, Founder Center for Anxiety)*

**WHAT SHAKES YOU?**

Big things? Little things? Heart things? Health things?  
 Finance things? Technology things? Relationship things?  
 Work things? Children things? Elderly parent things? School things?  
 Self-Image things? Injustice things? Lonely things?  
 Fear of the Future things? Age things? Overwhelmed  
 Schedule things? Rejection things? Fear things? Shame things?  
 Uncertainty things? Anxiety things?

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People shaken in the bible:

Job 16:12 *“I was [living] at ease, but He crushed me and broke me apart, and He has seized me by the neck and has **shaken me** to pieces; He has also set me up as His target.” (AMP)*

Psalm 13:4 *“And my enemy will say, “I have overcome him,” And my adversaries will rejoice when I am **shaken.**” (AMP).*

Love UnVeiled (LUV) Weekly Discipleship Groups						
Start date	Day	Time	Frequency	Location	Level	Facilitator
2/5/2018	Monday	6:30pm	Bi-Weekly	LUV Center	WB 1	Karen M.
1/31/2018	Wednesday	10:00am	Weekly	LUV Center	A Taste of LUV	Kris G.
1/24/2018	Wednesday	9:30am	Bi-Weekly	Avalon Lakes	WB 1	Helen W.
1/31/2018	Wednesday	6:30pm	Weekly	LUV Center	WB 1	Shelly B. & Lisa F.
2/1/2018	Thursday	10:00am	Weekly	Avalon Church	WB 1	Gloria D.
2/1/2018	Thursday	7:00pm	Weekly	LUV Center	WB 1	Rhonda B. & Sherry B.

**WB 1 ~ Workbook Level 1 Transform & Multiply**

Psalm 82:5 *the rulers do not know nor do they understand; they walk on in the darkness [of complacent satisfaction]; all the foundations of the earth [the fundamental principles of the administration of justice] are **shaken**.* (AMP)

**What is the root of the things that shake you?**

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**Can I be Unshakable in a Shaking world?**

We are in a battle with the world the flesh and the devil. Jesus told us *“In this world you will have trouble (tribulation)”* John 16:33. How do we experience peace of mind, soul and body, and live in freedom from fear, terror, dread, anger, shame?

**Hebrews 12:26-29** Then God spoke from Mount Sinai his voice shook the earth, but now he makes another promise: *“Once again I will shake not only the earth but the heavens also.”*<sup>27</sup> this means that all of creation will be shaken and removed, **so that only unshakable things will remain.**<sup>28</sup> Since we are receiving **a Kingdom that is unshakable**, let us be thankful and please God by worshiping him with holy fear and awe. <sup>29</sup> For our God is a devouring fire. Hebrews 12:26-29 (NLT)

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